

COMPETITION POOL

LAP SWIM – RESERVATIONS REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am-9:00am ALL LANES	5:00am-9:00am ALL LANES	5:00am-9:00am ALL LANES	5:00am-9:00am ALL LANES	5:00am-1:00pm ALL LANES	7:00am-12:00pm ALL LANES	8:00am-12:00pm ALL LANES
9:00am-12:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	9:00am-12:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	9:00am-12:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	9:00am-12:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>			
12:00pm-1:00pm ALL LANES	12:00pm-1:00pm ALL LANES	12:00pm-1:00pm ALL LANES	12:00pm-1:00pm ALL LANES			
1:00pm-4:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1-7 LANE 8 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>		
4:00pm-7:00pm ALL LANES	4:00pm-7:00pm ALL LANES	4:00pm-7:00pm ALL LANES	4:00pm-7:00pm ALL LANES	4:00pm-7:00pm ALL LANES		

LEISURE POOL

LAP SWIM- LANES 1 & 2 – RESERVATIONS REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am-9:00am LANES 1 & 2	5:00am-9:00am LANES 1 & 2	5:00am-9:00am LANES 1 & 2	5:00am-9:00am LANES 1 & 2	5:00 am-1:00 pm LANES 1 & 2	7:00am-12:00pm LANES 1 & 2	8:00am-12:00pm LANES 1 & 2
9:00am-12 pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	9:00am-12 pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	9:00am-12 pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	9:00am-12 pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>			
12:00pm-1:00pm LANES 1 & 2	12:00pm-1:00pm LANES 1 & 2	12:00pm-1:00pm LANES 1 & 2	12:00pm-1:00pm LANES 1 & 2			
1:00pm-4:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>	1:00pm-4:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>CLOSED JULY 13 – AUG 8</small>		
4:00pm-7:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>LANE 2 CLOSED</small> <small>JULY 13 – AUG 8</small>	4:00pm-7:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>LANE 2 CLOSED</small> <small>JULY 13 – AUG 8</small>	4:00pm-7:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>LANE 2 CLOSED</small> <small>JULY 13 – AUG 8</small>	4:00pm-7:00pm LANES 1 & 2 OPEN THRU JULY 12 <small>LANE 2 CLOSED</small> <small>JULY 13 – AUG 8</small>	4:00 pm-7:00 pm LANES 1 & 2		

FAMILY SWIM- RECREATION AREA– RESERVATIONS REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am-7:00pm FAMILY SWIM	5:00am-5:00pm FAMILY SWIM	5:00am-8:00am FAMILY SWIM	5:00am-5:00pm FAMILY SWIM	5:00am-7:00pm FAMILY SWIM	7:00am-12:00pm FAMILY SWIM	8:00am-12:00pm FAMILY SWIM
	5:00pm-6:00pm CLOSED FOR WATER FITNESS	8:00am-9:00am CLOSED FOR WATER FITNESS	5:00pm-6:00pm CLOSED FOR WATER FITNESS			
	6:00pm-7:00pm FAMILY SWIM	9:00am-7:00pm FAMILY SWIM	6:00pm-7:00pm FAMILY SWIM			

WATER FITNESS - RECREATION AREA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:00pm-6:00pm Hydro Training Holly	8:00am-9:00am Hydro Training Julie	5:00pm-6:00pm Hydro Training Amanda			

Private Swim Lessons will occupy lanes during lap swim in both pools, as noted, beginning July 13. Lanes are OPEN thru July 12.

Hydro Training: Hydro Training will improve fitness levels and help members strengthen abdominals and overall muscle tone. Classes vary each week, involving variety of equipment.