



AQUATICS & WELLNESS

Discover

(3 months – 3 years)

Monday:
9:30am-10:00am

Tuesday:
4:10pm-4:40pm

Saturday:
9:00am-9:30am

Prepare

(3-4 years)

Monday:
10:05am-10:40am

Tuesday:
4:55pm-5:30pm
5:40pm-6:15pm

Saturday:
9:45am-10:20am

Develop

(4-6 years)

Tuesday:
4:55pm-5:30pm

Saturday:
10:30am-11:05am
11:15am-11:50am

Endurance

(5-8 years)

Tuesday:
5:40pm-6:15pm

Saturday:
9:45am-10:20am

Intro to Stroke

(5-8 years)

Tuesday:
6:20pm-6:55pm

Developmental Stroke

(6+ years)

Monday:
6:20pm-6:55pm

Tuesday:
6:20pm-6:55pm

Saturday:
10:30am-11:05am

Master Stroke

(8+ years)

Tuesday:
6:20pm-6:55pm

Private Instruction:

6- 30 Minute Sessions
\$95 Members
\$135 Non-Members

Private Lesson
Registration:

Available online or onsite

Questions? Contact:

aquatics@mytrailpoint.com

Registration for summer Sessions:

Member Registration: May 22 (8 am)

Non-Members: May 29 (8 am)

Registration Ends June 5 (8am)

Register for group and private lessons at the Membership Desk or online at mytrailpoint.com